



ST MICHAEL & ALL ANGELS C. E. (FOUNDATION) PRIMARY AND PRE-SCHOOL

Respect. Resilience. Responsibility. Confidence. Co-operation. Compassion.

21 February 2024

Dear Parents/Carers

The Rhythm of Life - Lent

As we have now entered the season of Lent, our school wishes to extend an invitation for reflection and prayer to our school community. We have attached a leaflet with prayers which follows The Rhythm of Life Lent Journey.

The idea is that life has a rhythm which we can shape positively and the resource in school is based around seven positive habits – celebrating, sharing, resting, encouraging, praying, reflecting and creating.

In the last week of this term, we will be introducing a Virtual Pilgrimage for the Holy Week - the first week of the Easter holidays. This is something that was developed in Covid and we will be repeating it this year. We will be welcoming families to take part in this at home and send out the materials after they have been introduced to the children in school.

We look forward to sharing this period of mindfulness as we look forward to the celebration of Easter as a school community.

Yours faithfully

Mrs Berry

Head Teacher

Meadow Close, Greenacres, Shelf, Halifax, HX3 7QU. Telephone: 01274 676246

Website: www.st-michaelangels.calderdale.sch.uk Email: admin@st-michaelangels.calderdale.sch.uk

