



Aiden 91

Bede 106

Chad 135

Columba 136

Active Travel

This week's newsletter has been written by Year 5.

This term, Year 5 have taken part in the SAFE Travel Cup 2025 competition. We had to design a campaign to encourage pupils and families to be more active in their journey to school, and avoid using the car.

We worked together as a class and came up with a campaign and then we had to pitch the campaign to some judges. Two of these judges were from Calderdale Council. They really liked our ideas and so we are through to the final of the competition. This means we can now put our plans into action.

We are now preparing to present our work to a panel of judges in Halifax on 27th June (the final of the competition), and tell them how our campaign is going.



We will be competing against five other schools from across Calderdale. Fingers crossed!



What are the benefits of active travel?

Getting to school by riding on your bike or scooter, and walking are all great ways to reduce your carbon footprint and help the environment.

Physical activity is proven to improve mental wellbeing, boosting energy and mood levels. Children who walk or cycle to school often arrive more alert, relaxed, and ready to learn.

What is active travel?

Active travel is when somebody comes to school by walking, cycling, scootering, skating or even park and stride. This is where you drive part way to school and park the car, then walk the rest of the way to school.

We understand that some people need to use the car, but would like people to consider if they could do the park and stride option instead.



What are the benefits of active travel?

Nationally, the school run traffic generates about half a million tonnes of CO2 per year. Reducing the number of cars on the road decreases carbon emissions and air pollution. This helps to contribute to a healthier environment, not just locally, but globally.



Walking or cycling to school saves money on fuel and reduces the long-term wear and tear on family vehicles, which can also cost a lot of money to fix.

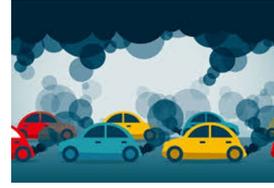
Which is the most active class?

On Friday we do celebration worship and we are starting to hand out an active travel trophy. Each day we use a travel tracker in class to see how people came to school. Year 5 will check the travel tracker and collect the data. The most active class will win the active travel trophy to put in their class for the week. We hope this will increase the number of people who come to school more actively. If you live far away, you could do park and stride instead of coming all the way to school by car.



Did you know?

The average primary school journey is just 1.6 miles, but one in five cars on the road during the morning rush hour are taking children to school.



We would like our message to get to as many people in our community as possible. We will be putting up our posters in the next few weeks, so keep your eyes peeled. If you have a local business, and are happy to display one, please do let us know.

Our brand new Active Travel Trophy!



This week's most active class is...



We hope you can support us and try to travel to school in a more active way if you can.