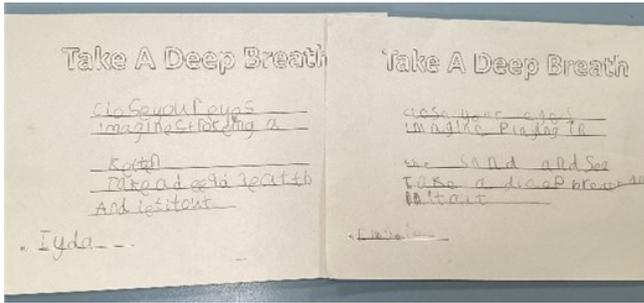




World Mental Health Day

This week, we celebrated World Mental Health Day. This event takes place to raise awareness of mental health issues and promote mental health and well-being around the world. This year, we have marked this important occasion through writing poetry and creating artwork. We performed our poems in a special assembly with our families.

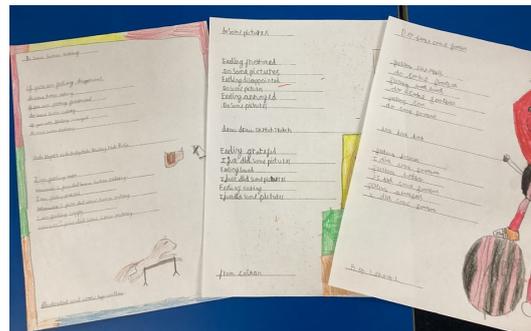
Year 1 focused their work on finding calm with their poems titled 'Take a Deep Breath'.



Year 2 have been thinking about their safe place and how it made them feel.



Year 3 used the poem 'Count to 10' to inspire some wonderful poetry about things they can do when they are feeling different feelings



Year 4 have written acrostic poetry and shared an important message that 'Help is ok to have'.



