



## ST MICHAEL & ALL ANGELS C. E. (FOUNDATION) PRIMARY AND PRE-SCHOOL

Respect. Resilience. Responsibility. Confidence. Co-operation. Compassion.

17 March 2023

Dear Year 5 Parents/Carers

### **Bikeability Level 1 and 2 training course, week commencing Monday 24<sup>th</sup> April**

We are pleased to be able offer your child the chance to take part in a National Standard Bikeability Level 1 and 2 cycle training course. The course runs over two days (either Tuesday 25<sup>th</sup> and Wednesday 26<sup>th</sup> April or Thursday 27<sup>th</sup> and Friday 28<sup>th</sup> April) and takes place in school time. Once we have the consent forms back and planned the groups we will advise you by text which days your child's course will run. The training takes place in the school playground and on suitable roads near to school.

Your child will need to bring a roadworthy bike and a cycle helmet that fits them for the course.

All bikes will be checked before the start of the course and you should make sure your child is suitably dressed for the weather.

Please read the 'Course Information' sheet for more information about the Bikeability training.

If you would like your child to take part, please complete and return the consent form attached.

Yours faithfully

*Miss Barnes*

PE Lead

Meadow Close, Greenacres, Shelf, Halifax, HX3 7QU. Telephone: 01274 676246

Website: [www.st-michaelangels.calderdale.sch.uk](http://www.st-michaelangels.calderdale.sch.uk) Email: [admin@st-michaelangels.calderdale.sch.uk](mailto:admin@st-michaelangels.calderdale.sch.uk)





# Calderdale Council Bikeability



## **Bikeability Level 1 and 2 cycle course information**

Welcome to Bikeability – 'cycling proficiency' for the 21st Century. A cycle course that's fun and gives your child the skills and confidence they need to ride safely on today's roads. The Bikeability National Standards Level 1 and 2 course runs over two days:-

### **Day 1**

The trainees will learn the skills to cycle on the road in the playground through a series of games and exercises. The session will stop for the morning break time. After lunch we will take the successful trainees out onto a suitable road site close to school to put into practice what they have learnt.

### **Day 2**

The second day is progressing what the trainees have learnt, looking at turns and awareness on the roads near to school. They should demonstrate an understanding of where to ride on the road, signal intentions to other road users and show a safe riding strategy. All trainees will be awarded a Bikeability Certificate (detailing how they have done and what they need to practice), a booklet and a Bikeability orange badge.

### **The Bikeability National Standards Level 1 outcomes are:**

- Fit your own helmet
- Carry out a simple bike check
- Get on your bike, start cycling, then stop and get off
- Ride your bike using the gears
- Make your bike go where you want it to, including moving around objects safely
- Control the bike with one hand
- Stop quickly if you need to
- Look all around you when you're riding, including behind, without wobbling.

### **The Bikeability National Standards Level 2 outcomes are:**

- Start and finish a journey by road, including passing parked or slower moving vehicles and side roads
- Make a u-turn
- Identify and react to hazards in the road
- Signal your intentions to other road users when someone needs to know what you're doing
- Understand where to ride on the road
- Use junctions, including turning left and right into major and minor roads
- Decide whether a cycle lane will help your journey
- Use the Highway Code, particularly when it comes to understanding road signs

## **Helmets**

Children should have their own helmets; full face helmets are not suitable for Bikeability cycle training.

## **Bikes**

Children must bring a roadworthy bike. All bikes will be checked before the start of the course.

## **Riding ability**

All children should be able to ride a bike unaided prior to the course. We offer Bike Skills courses in the holidays to improve their bike skills, see: [www.calderdale.gov.uk/bikeability](http://www.calderdale.gov.uk/bikeability)

**Please note: Children who do not demonstrate the necessary bike skills or behaviour on day 1 will not be able to take part on day 2. Pupils who do not complete level 1 will not be able to take part in level 2.**

## **Consent forms**

All children must have a signed parental consent form before the start of the course. If you want your child to take part in this course, please complete the attached Bikeability consent form and return it to school.

## **Bad weather**

We will continue to run the course in the event of bad weather unless conditions are too severe. We advise children bring suitable clothing for the day including a waterproof jacket.

## **Staff ratios**

1 instructor to 6 trainees for the road training, with a minimum of 2 staff.

## **Lunch**

Trainees will return to school for lunch.

## **Medical conditions**

We need to be informed on the consent form if any child has any particular need e.g. ADHD, dyspraxia, asperger's syndrome, hearing impairment or specific behavioural difficulties prior to the start of the course.

## **Child Protection**

All Calderdale Bikeability Instructors have completed a Disclosure and Barring Service check and carry a Calderdale Council ID badge with the DBS number.

## **Equipment**

We supply fluorescent waistcoats for all children and instructors on the course.



# Calderdale Council Bikeability Consent Form

## National Standards Level 1 and 2

If you consent to your child taking part in the Bikeability Level 1 and 2 Training at school please complete this form and return it to school. Please give information as fully as possible. The information is for instructors and group leaders and will be strictly confidential to them.

Child's name:		Year Group: 5	
Date and time of course: Tuesday 25 <sup>th</sup> and Wednesday 26 <sup>th</sup> April 2023 <b>OR</b> Thursday 27 <sup>th</sup> April and Friday 28 <sup>th</sup> April <b>We will confirm at a later date which course your child will take part in</b>			
<b>Medical information</b>			
Please give details of any disabilities / special needs:			
Recent injuries or illnesses e.g. back strain, flu:			
Medical conditions and any medication e.g. asthma, epilepsy, diabetes, allergies (e.g. penicillin):			
<b>Bikeability DFT demographic data</b>			
Gender:	Eligible	free	
	school meals		
Ethnicity:			
<b>Cycle &amp; helmet</b>			
Your child will need a working bike & helmet that fits them.			
<b>Parental / carer consent</b>			
<ul style="list-style-type: none"> <li>I consent to any emergency medical treatment should it be deemed necessary by a qualified medical practitioner. (In the event of an emergency every effort will be made to contact you).</li> <li>I understand that if the instructor judges that my child is not able to undertake the training in the manner prescribed to ensure their safety, and /or that of others, they will be returned back to school.</li> <li>I will ensure my child is suitably dressed for the weather conditions on the day.</li> <li>I consent that my child is allowed to use the hand sanitiser provided by the instructors.</li> <li>I have read all the course information.</li> </ul>			
I declare that the information on this form is correct to the best of my knowledge and that if any changes occur before the training, I will inform school.			
Name: Parent / carer		Date:	

Privacy Notice – Bikeability Holiday Courses. Calderdale Council of Town Hall, Crossley Street, Halifax, HX1 1UJ is registered with the Information Commissioners Office (ICO) under the provision of the Data Protection Act 2018. The following personal information will be collected:

School year group

The following special category information will also be collected:

Health Information relating to child attending the course

Gender and ethnicity of the child attending the course

Eligible for free school meals

We collect and hold the personal information listed above, along with health information about the child attending the course, for the purposes of admitting the child onto the course, to ensure the course is run safely and to confirm the child's consent to be on the course.

Gender, ethnicity and free school meals data are collected as a condition of receiving Bikeability grant funding we are required to report demographic data for pupils attending the training. This will enable the Department for Transport (DFT) to identify and deliver targeted interventions to those under-represented groups and reach the goal of being able to offer Bikeability to every child by 2025. Gender ethnicity and free school meal data are sent to the DFT are sent on an anonymised basis. For further information please see the DFT Bikeability Trust's Privacy statement at <https://www.bikeability.org.uk/privacy-policy/>

### **The lawful basis for the processing your data**

The lawful basis we rely on for processing your personal information is: Article 6(1)(a) – your consent to process the information for the purposes stated. The lawful basis we rely on for processing special category information is: Article 9 (a) explicit consent

You may withdraw this consent at any time by writing to Steve Pullan, Public Health Team, floor 2a, Princess Buildings, Halifax, HX1 1TP.

In addition, you have the right to see what information is held about you, to have inaccurate information corrected, to have information removed from our system unless we are required by law or a statutory purpose to keep it and the right to complain to the Data Protection Officer (DPO) if you feel that your data has not been handled in accordance with the law. The Council's DPO is Tracie Robinson and can be contacted at [information\\_management@calderdale.gov.uk](mailto:information_management@calderdale.gov.uk)

You also have the right to lodge a complaint with the Information Commissioner's Office at [www.ICO.org.uk](http://www.ICO.org.uk)